



## Western Botanicals Formulas

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**Attention Calm Formula:** Ginkgo leaf, Passion flower, Oregon Grape root, Black Cohosh root, Valerian root, Blue Cohosh root, Wild Yam root, St. John's Wort flowering top, Grape seed, Hops flower, Skullcap herb, Lobelia herb & seed, Chamomile flower, Wood Betony herb. These herbs are classically used for ADD with hyperactivity. **Vegicaps:** 2 capsules 3 times daily with meals. **Syrup:** 2 dropperfuls 3 times daily with meals. **Alcohol Extract:** 2 dropperfuls 3 times daily with meals.

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**Attention Focus Formula:** Ginkgo leaf, Passion Flower herb & flower, St. John's wort flowering top, Grape seed, Oregon Grape root. Used for Attention Deficit problems where mental focus and clarity are a concern without hyperactivity. Safety Guidelines: Not to be taken with other medications. Not intended if pregnant or nursing. May slow wound healing time. **Vegicaps:** 2 capsules 3 times daily with meals. **Syrup:** 2 dropperfuls 3 times daily with meals. **Alcohol Extract:** 2 dropperfuls 3 times daily with meals.

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**B & B Nervine Extract:** Black Cohosh root, Blue Cohosh root, Blue Vervain herb, Lobelia herb/flower, Scullcap herb in a base of 42% alcohol and distilled water. Western Botanicals B & B Nervine may be used as a powerful herbal antispasmodic, for muscle and nervous spasms including nervous trembling, seizures and cramps.\* 1/4 teaspoon three times daily or as needed. \*This statement has not been evaluated by the FDA. This product is not intended to treat, diagnose, prevent or cure any disease or illness.

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**Blood Cleansing Tea:** Chaparral herb & flower, Echinacea root, Elder flowers, Red Clover blossom, Red Raspberry leaf, Yarrow flower & herb, Yellow Dock root, Hyssop leaf, Plantain leaf, Sarsaparilla root bark, Burdock root, Chamomile flower, Corn Silk, Pau d' Arco bark, Sassafras leaf & root, Licorice root, Valerian root, Stevia leaf. Detoxifies Blood and Lymph. Promotes quicker recovery from chronic illness. This powerful formula is similar to the famous Hoxey formula. Make sure your elimination is functioning well and please drink plenty of water while using this formula.

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**Blood Detox Formula:** Burdock root, Oregon Grape root, Wild Indigo root, Yellow dock root, Chaparral herb & flower, Red Clover blossom, Garlic bulb, Lobelia herb & seed, Habanero Cayenne pepper. Detoxifies Blood and Lymph. Promotes quicker recovery from chronic illness. This powerful formula is similar to the famous Hoxey formula. Make sure your elimination is functioning well and please drink plenty of water while using this formula. **Vegicaps:** 2 capsules 2 times daily. **Syrup:** 2 dropperfuls 2 times daily. **Alcohol Extract:** 2 dropperfuls 2 times daily.



### **Bountiful Blend** i

is a distinct blend of 61 Fruits, Vegetables, Vitamin-Rich Greens, Sea Vegetables, Healthy Berries, Natural Food Concentrates, Medicinal Herbs and Spices all in one great tasting, vitamin rich, nutritional drink. Raspberry Juice, Cherry Juice, Acerola Cherry, Cranberry Juice, Blueberry fruit, Camu Camu berry, Elderberry fruit, Strawberry fruit, and Schisandra berry, Pineapple fruit Juice, Lemon fruit Juice, Mango fruit Juice, Orange fruit Juice, Papaya fruit Juice, Kiwi fruit, Grape Juice, Grapefruit Juice, Apple fruit, Pomegranate fruit, Prune fruit, Plum fruit, Peach fruit Juice, and Pear fruit Juice, Barley grass Juice, Spinach leaf, Wheat grass Juice, Kale, Alfalfa leaf Juice, and Parsley leaf Juice, Spirulina, Irish Moss, Chlorella, and Kelp, Vanilla, Soy Lecithin, Aloe Vera gel, Stevia, Apple Cider Vinegar, Pine bark Extract, and Grape seed Extract, Carrot Juice, Beet root Juice, Celery, Asparagus Juice, Tomato Juice, Brussel Sprout Juice, Broccoli Juice, and Cauliflower Juice, Peppermint leaf, Spearmint leaf, Cinnamon, Astragalus root, Milk Thistle seed, Licorice root, Ginger root, Nettle leaf, Pau d' Arco bark, Eleuthero root, Fo-ti root, Ashwagandha root, Olive leaf, and Tumeric root.



**Brain Circulation Formula**: Ginkgo leaf, Kola nut, Calamus herb, Ginger root, Gotu Kola herb, Rosemary leaf, Habanero Cayenne pepper. A great aid for mental fogginess, poor memory, stroke recovery or for an afternoon mental pick-me-up. The herbs in this formula promote more blood and oxygen circulation to the brain. The primary herb in this formula, Ginkgo, is prescribed by more doctors in Germany and France than any pharmaceutical drug. **Vegicaps**: 2 capsules 3 times daily. **Syrup**: 2 dropperfuls 3 times daily. **Alcohol Extract**: 2 dropperfuls 3 times daily.



**Cardio Plus**: Gynostemma, Chrysanthemum, Olive leaf, Maitake mushroom, Mistletoe, Ginkgo biloba, & Passion flower. The herbs in this formula have traditionally been used to decrease blood pressure, reduce plaque formation in blood vessels, and reduce cholesterol.\* Consultation with a competent healthcare professional is advised prior to use if taking blood thinning medication, or with any heart or circulation concerns. \*This statement has not been evaluated by the FDA. This product is not intended to treat, diagnose, prevent or cure any disease or illness.



**Catnip & Fennel**: Catnip & Fennel is well known for treating colic in babies! Catnip & Fennel may be used to assist proper digestion, cramping, and elimination of gas.



**Colon Cleanse Formula**: Cape Aloe leaf, Cascara Sagrada bark, Barberrry root, Turkey Rhubarb root, Senna leaf, Garlic bulb, Ginger root, Fennel seed, Black Walnut hull, Clove bud, Wormwood leaf, Habanero Cayenne pepper. This stimulating formula is cleansing, healing and strengthening to the entire gastrointestinal system. It stimulates movement through colon while disinfecting, soothing and healing the colon to function better on its own. Use Colon Cleanse to insure a normal 2 - 3 bowel movements each day. This product can be used over extended periods of time. **Vegicaps**: Begin with 1 capsule during or following the evening meal. The following morning there should be an increase in bowel function. If no noticeable change occurs, increase dosage by one capsule each day until improved bowel function is achieved.



**Colon Comfort Formula:** Marshmallow root, Wild Yam root, Aloe vera resin, Ginger root, Slippery Elm inner bark, Lobelia herb & seed, Plantain herb, Habanero Cayenne pepper. This classic combination is helpful for soothing and healing the bowel or colon afflicted with Colitis, Irritable Bowel Syndrome or Crohn's Disease. Suggested Guidelines: If symptoms persist consult with your healthcare professional. **Vegicaps:** 3 capsules 3 times daily or as needed.

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**Colon Detox Formula:** Psyllium seed, Psyllium husk, Bentonite clay, Flax seed, Apple fruit Pectin, Slippery Elm inner bark, Marshmallow root, Fennel seed, Activated Willow Charcoal. This cleansing soothing formula is to be used periodically in conjunction with the Colon Cleanse formula. It acts as a strong purifier and intestinal vacuum, helping to draw out old fecal matter from the walls of your colon and out of any bowel pockets. Colon Detox aids in the removal of poisons, toxins, parasites, and heavy metals. Also use to stop diarrhea or to counteract food poisoning. Suggested Guidelines: It is important to drink adequate

amounts of liquids while taking this product. Oral drugs or herbs taken at the same time may have delayed absorption. Not recommended if bowel obstruction or intestinal narrowing is a concern. **Vegicaps:** 9 capsules 3 to 5 times daily along with 12 to 16 oz. of pure water for 5 or 6 consecutive days. **Powder:** 1 scoop in 12 to 16 oz. of pure water 3 to 5 times daily for 5 to 6 consecutive days.

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**Cranberry/Buchu:** The medicinal properties in cranberry and buchu herb make them an excellent choice in treating urinary tract infections. Cranberry produces hippuric acid in the urine which acidifies the urine and prevents bacteria from sticking to the walls of the bladder. The leaves of the buchu are an effective diuretic, are antimicrobial and anti-inflammatory. 2 capsules 3 times daily with meals. Consume 48 oz. - 64 oz. of pure water with each days use.

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**CTR Formula:** Plantain herb, White Oak bark, Black Walnut hull, Marshmallow root, Gravel root, Aloe vera resin, White Willow bark, Lobelia herb & seed, Mullein herb & flower, Horsetail herb, St. John's Wort flowering top, Wormwood herb, Scullcap herb. Assists the body to recover from injury or trauma. We recommend Complete Tissue Repair Syrup or vegicaps for any injury or degenerative bone, muscle or nerve conditions. **Vegicaps:** 2 capsules 3 times daily. **Syrup:** 1 teaspoon 3 times daily. **Formerly named Complete Tissue Repair.**

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**CTR Oil:** Plantain herb, White Oak bark, Black Walnut hull, Marshmallow root, Gravel root, Aloe vera resin, White Willow bark, Lobelia herb & seed, Mullein herb & flower, Horsetail herb, St. John's Wort flowering top, Wormwood herb, Scullcap herb, Olive Oil, Beeswax. An herbal combination designed to aid and speed the recovery of connective tissue, injuries or problems. (bone, tendon, ligaments, muscle and skin). Apply the oil to wounds, burns, injuries, ulcer, sores, rashes, cuts, bruises, etc. Available in oil. Apply generously externally over injuries or wounds. Do not remove excess CTR ointment when applying new, just keep adding the ointment until the area is healed. **Formerly named Complete Tissue Repair Oil.**

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**CTR Ointment:** Plantain herb, White Oak bark, Black Walnut hull, Marshmallow root, Gravel root, Aloe vera resin, White Willow bark, Lobelia herb & seed, Mullein herb & flower, Horsetail herb, St. John's Wort flowering top, Wormwood herb, Scullcap herb, Olive Oil, Beeswax. An herbal combination designed to aid and speed the recovery of connective tissue, injuries or problems. (bone, tendon, ligaments, muscle and skin). Apply the ointment to wounds, burns, injuries, ulcer, sores, rashes, cuts, bruises, etc. Apply generously externally over injuries or wounds. Do not remove excess CTR ointment when applying new, just keep adding the ointment

until the area is healed. **Formerly named Complete Tissue Repair Ointment .**



**Deep Heat Oil:** St. John's wort flowering top, Lobelia herb & seed, Arnica flower, Calendula flower, Ginger root, Plantain herb, Habanero Cayenne pepper. In a base of Wintergreen essential oil, Menthol Crystal, Olive Oil, Aloe vera oil, Birch essential oil. Eases muscle soreness, soothes Sprains and Strains, Reduces inflammation of bursitis and Tendonitis and relieves arthritis pain. Massage directly into the body for warming & cooling relief. Avoid contact with eyes. For external use only. Apply generously as a topical oil onto the skin. Massage on and immediately around the area of sore, aching muscle.

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**Deep Heat Ointment:** St. John's wort flowering top, Lobelia herb & seed, Arnica flower, Calendula flower, Ginger root, White Oak bark, Marshmallow root, Plantain herb, Mullein herb & flower, Black Walnut hull, Gravel root, Wormwood herb, Scullcap herb, White Willow bark, Horsetail herb, Habanero Cayenne pepper. In a base of Wintergreen essential oil, Menthol Crystal, Olive Oil, Aloe vera oil, Birch essential oil, and Beeswax. This is a combination of our Deep Heat Formula and our CTR formula. Rub directly into the muscles or joints that suffer from pain or injury. The ointments' consistency is perfect so no more worry about spills or drips. Use for Sprains, Strains, Arthritis, Bursitis, Tendonitis, and general aches.

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**Depression Formula:** St. John's Wort flowering top, Ginkgo leaf, Oat top, White American Ginseng root, Schizandra berry, Eleuthero root, Wood Betony herb, Ginger root, Habanero Cayenne pepper. Clinical trials and studies have shown St. John's wort to be the herb of choice in treating and managing depression. Use daily for a minimum of 4 to 6 weeks for optimal results. **Vegicaps:** 2 capsules with meals 3 times daily. **Syrup:** 2 droppersful 3 times daily. **Alcohol extract:** 2 droppersful 3 times daily.

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**Digestion Aid Formula:** Ginger root, Licorice root, Dandelion root, Fennel seed, Gentian root, Chamomile flower, Peppermint leaf, Peppermint essential oil. These bitter and carminative herbs will increase the digestive juices thereby reducing gas, bloating and intestinal cramping. May be used before or after meals. **Vegicaps:** 2 capsules 3 times daily with meals. **Syrup:** 2 droppersfuls 3 times daily. **Alcohol extract:** 2 droppersfuls 3 times daily.

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**Earth's Nutrition:** Spirulina Blue-Green Algae, Chlorella broken cell Algae, Nettle leaf, Purple Dulse leaf, Wheat grass, Spinach leaf, Alfalfa grass, Barley grass, Astragalus root, Rose hip, Orange peel, Lemon peel, Beet root, Non-Active Nutritional Yeast. This naturally balanced blend of organically grown whole foods is specifically formulated to supply you with Natural Foods Sources of vitamins, minerals, amino acids, enzymes, and essential trace nutrients. All of the ingredients are from the finest organic sources available. Use this product to increase energy, vitality, lose weight or build better health. This product is recommended to be taken as a powder mixed with juice, however capsules are also available. **Vegicaps:** Take three to five capsules of Earth's Nutrition three times daily. **Powder:** Take 2 tablespoons mixed in your favorite juice (orange, grape, cranberry, carrot, etc. May be taken 2 to 3 times daily if desired).

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**Echinacea Combination:** Echinacea angustifolia root, Echinacea purpurea root, Echinacea angustifolia flowering top, Echinacea purpurea flowering top. A powerful immune stimulant which contains Echinacea.

Two different varieties of Echinacea are used. Echinacea angustifolia, and Echinacea purpurea. Echinacea has been scientifically proven to stimulate the immune system, reduce inflammation, destroy harmful bacteria and speed wound healing.



**Echinacea & Goldenseal:** Echinacea angustifolia root, Goldenseal root. This herbal combination is unparalleled in its ability to boost the immune system and assist in fighting infections. Use this combination and you can feel its strength. This product is simple, direct and very potent.

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**Essential Air Care Citrus Blend,** 100 ml spray bottle., contains: Grapefruit, Orange, Tangerine, Lemon, Lime, Eucalyptus Globulus, Eucalyptus Radiata, Bergamot, Lavender, Tea Tree, Thyme.

**Essential Air Care Eucalyptus Blend ,** 100 ml spray bottle, contains: Eucalyptus Globulus, Eucalyptus Radiata, Lavender, Grapefruit, Orange, Tangerine, Lemon, Lime, Tea Tree, Thyme.

**Essential Air Care Ylang Blend ,** 100 ml spray bottle, contains: Lavender, Bergamot, Ylang Ylang, Sandlewood, Patchouli, Frankincense, Grapefruit, Orange, Tangerine, Chamomile, Geranium.



**Essential Skin Care** is an all-natural, nourishing blend of organic herbs and natural oils that will create irresistible softness and invitingly smooth skin. Essential Skin Care is anti-aging and anti-wrinkle skin care. This lotion is fast-absorbing, soothes dryness, and moisturizes deep into the skin's surface without leaving unwanted chemical or oily residues. Ingredients: Plantain leaf, White Oak bark, Black Walnut hull, Marshmallow root, Gravel root, White Willow bark, Lobelia herb/seed, Mullein leaf, Horsetail herb, St. John's Wort herb, Wormwood leaf, Scullcap herb, in a base of Aloe Vera Gel, Grapeseed Oil, Jojoba Oil, Olive Oil, Coconut Oil, Wheat Germ Oil, Grapefruit seed extract, pure Vegetable Glycerine, Emulsifying Plant Wax, and Bergamot & Vanilla Essential Oils. Lavender and Citrus Cream scents.



**Essiac Formula:** Burdock root, Sheep Sorrel herb, Slippery Elm inner bark, Turkey Rhubarb root. This popular formula is made to the exact specification outlined by Rene Caisse. It is a gentle yet powerful blood cleanser used successfully for everything from acne to the worst health problems. All herbs used are organically grown. **Vegicaps:** 2 capsules 3 times daily with meals. **Syrup:** preserved in pure vegetable glycerine & honey. **Alcohol extract:** 2 droppersful 3 times daily.



**Feel Well Formula:** Acai berry, Hoodia P.E., Chia seed, Gymnema leaf, Maca root, Devil's Club root bark, Suma root, Alfalfa leaf Juice, Schisandra berry, Blueberry, Lobelia herb/seed pod, Yacan root, Camu Camu berry. Feel well formula is packed with anti oxidant rich berries for a nutritional boost. Traditional feel good herbs such as Maca root and Suma root for a sense of well being. We have included herbs that are great for supporting the pancreas (Gymnema, Bitter melon, Yacan root). And of course Chia, an excellent source of Essential fatty acids, it is the highest plant source of omega 3. Chia is also high in protein and is a good source of calcium. Camu Camu is a rich source of flavonoids and vitamin C. Schisandra berries are known to be therapeutically beneficial in supporting the body's immune response. Since Gymnema suppresses the sensation of sweet, it affects cravings for sugar and may help with appetite. A dynamic blend for the body.

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**Female Balance Formula:** Dong Quai root, Black Cohosh root, Wild Yam root, Chaste Tree berry, Angelica root, Cramp bark, Ginger root, Licorice root, Lobelia herb & seed, Motherwort herb, Damiana leaf, Scullcap herb, Hops flower, Horsetail herb. For hormone balancing in women relieving P.M.S and menopausal symptoms such as hot flashes, bloating, anxiety, depression, vaginal dryness, abnormal or painful menses. Female Balance suggested **dosage:** 2 capsules 3 times daily with meals. **Syrup or extract:** 2 droppersful 3 times daily.

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**Ginseng Plus Formula:** White American Ginseng root, Astragalus root, Milk Thistle seed, Chinese Ginseng root, Asian Ginseng root, Eleuthero root, Echinacea angustifolia root, Mullein leaf & flower. This adrenal tonic will build, strengthen, tone and increase the ability to handle stress while reducing fatigue. **Vegicaps:** 2 capsules 3 times daily with meals. **Syrup:** 2 droppersful 3 times daily. **Alcohol extract:** 2 droppersful 3 times daily.

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**Goldenseal Combination:** Goldenseal root, Ginger root, Licorice root, Habanero Cayenne pepper. Used for Flu and Virus is both anti-viral and anti-bacterial. In addition, the Goldenseal in this formula quickly soothes the digestive tract. This product has long been the favorite to be used at the first sign of a cold or flu as well as when you are in the thick of it. Contains four of the most common herbs used for combating the ills brought on by winter weather. Useful year round to help you combat what ever is going around the office, school, daycare or wherever your family hangs out. **Vegicaps:** 2 capsules 3 times daily or as recommended by your healthcare professional. **Syrup:** 2 droppersful 3 times daily. **Formerly named Flu and Virus Formula.**

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**Happy Colon:** Cape Aloe leaf, Cascara Sagrada bark, Slippery Elm inner bark, Senna leaf, Turkey Rhubarb root, Psyllium seed, Barberry root bark. **Vegicaps:** Begin with 1 capsule during or following the evening meal. The following morning there should be an increase in bowel function. If no noticeable change occurs, increase dosage by one capsule each day until improved bowel function is achieved.

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**Hawthorn Berry Syrup:** Hawthorn berry, Hawthorn leaf & flower, Motherwort herb, Ginkgo leaf, Passion flower herb, Pau d' Arco inner bark, Cactus Grandiflora. In a base of Pure Maple Syrup, Pure Vegetable Glycerine & Brandy. Medical research has shown that hawthorn will build and strengthen weak or damaged heart tissue by allowing oxygen to be better utilized by the heart muscle. This tasty syrup is very popular with people who may experience arrhythmia's, congestive heart problems, angina, etc. **Dosage:** 1 teaspoon taken 3 times daily. *Please note that this is very different tasting from Dr. Christopher's Hawthorn Berry Heart Syrup.*

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**Headache Formula:** Feverfew herb, Ginkgo leaf, White Willow bark, Lobelia herb & seed, Kola nut, Calamus herb, Rosemary herb, Gotu Kola herb, Habanero Cayenne pepper. Relief for migraine headache pain. Also helpful for many other headaches, increasing circulation to the brain. Suggested Guidelines: Not recommended if pregnant or nursing. If headache pain becomes severe or continues for more than three days, consultation with a healthcare professional is advised. **Vegicaps:** 2 capsules with meals 3 times daily. **Syrup or extract:** 2 droppersful with meals 3 times daily.

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**Heart Formula:** Hawthorn berry, Ginger root, Ginkgo leaf, Hawthorn leaf & flower, Motherwort herb, Red Clover blossom, Garlic bulb, Cactus Grandiflora, Habanero Cayenne pepper. Strengthens cardiac function, eases angina pain, improves shortness of breath. A wonderful heart tonic effective for irregular heartbeat (arrhythmia) and congestive heart disease. Tones the heart muscle, reduces blood fat and cholesterol as well as increases circulation. **Vegicaps:** 2 capsules with meals 3 times daily. **Syrup:** 2 droppersful 3 times daily. **Alcohol extract:** 2 droppersful with meals 3 times daily.



**Herbal**  
Plantain leaf, Black  
Antiseptic on



**Antiseptic:** Myrrh gum, Goldenseal root, White Oak bark, Olive leaf, Garlic bulb, Walnut hull, Habanero Cayenne pepper, Tea Tree essential oil. Apply enough Herbal wound to completely coat injury and surrounding area.



**Herbal Calcium:** Spinach leaf, White Oak bark, Pau d Arco inner bark, Plantain leaf, Horsetail herb, Dandelion leaf, Kelp leaf, Irish Moss, Purple Dulse leaf, Nettle leaf.. Western Botanicals Herbal Calcium Formula is a fantastic all whole food herbal calcium formula. Our bodies need calcium to build strong bones, for muscles to move and for nerves to carry messages between the brain and every body part, loaded with calcium rich herbs to assist the bodies calcium needs. Suggested Dosage: 2 capsules three times a day.



**Herbal Ear Drops:** Garlic bulb, Mullein leaf & flower, Lobelia herb & seed, pure Olive Oil. To soothes and reduce the painful effects of otitis media (earaches). Also used to decrease lymphatic swelling associated with congestion and infection. Suggested Use: 4 drops in ear 3 times daily or as needed for symptomatic relief of earache pain. May be massaged behind the ear and down the neck to encourage fluid drainage.



**Herbal Eyebright Complex with Cayenne Pepper :** Goldenseal root, Bilberry fruit, Bayberry bark, Red Raspberry leaf, Eyebright herb, Bilberry leaf, Habanero Cayenne Pepper. Use for pink eye. Also use to clear and build stronger, healthier eyes. 1/2 dropperful **Herbal Eyebright Complex** in an eyecup of pure, filtered water. Rinse eyes 3 to 4 times daily or as needed.



**Herbal Eyebright Complex without Cayenne Pepper :** Goldenseal root, Bilberry fruit, Bayberry bark, Red Raspberry leaf, Eyebright herb, Bilberry leaf.. Use for pink eye. Also use to clear and build stronger, healthier eyes. 1/2 dropperful **Herbal Eyebright Complex** in an eyecup of pure, filtered water. Rinse eyes 3 to 4 times daily or as needed.

**Herbal Eyebright Formula:** Bayberry Bark, Eyebright Herb, Golden Seal Root, Red Raspberry Leaves and Cayenne Pepper in a pure 100% vegetable based capsule. Western Botanicals Herbal Eyebright formula had been used historically for eye disorders such as: cataracts, glaucoma, macular degeneration, retinopathy and night blindness. In addition, this formula has been used to help promote the general health of the eyes. Excellent for brightening the eyes and best used with Herbal Eyebright Complex eyewash.



**Herbal**  
angustifolia  
Peppermint  
1/8 cup (1  
unpleasant  
inflammation.



**Mouthwash Concentrate:** White Oak bark, Horsetail herb, Plantain leaf, Aloe vera, Echinacea root, Myrrh gum, Lobelia herb & seed, Peppermint leaf, Goldenseal root, Clove essential oil, essential oil, Tea Tree essential oil. Place 2 droppersful of Herbal Mouthwash Concentrate in oz.) pure water. Gargle in mouth (may be swallowed if desired). Use as a mouthwash for breath, also for gingivitis, Pyorrhea, canker sores, or any other mouth or gum soreness or



**Herbal Snuff Powder** contains: Bayberry herb, Goldenseal root, Horseradish root, Garlic bulb, Habanero Cayenne pepper. For sinus congestion or any chronic sinus problem. Saved many from sinus surgery. Snuff a small pinch of herbal snuff into each nostril. Pinch shut opposite nostril. Inhale very deeply when taking in snuff. Hold snuff for 5 to 10 minutes before blowing your nose.



**Herbal Super Tonic:** Onion bulb, Garlic bulb, Horseradish root, Ginger root, Serrano Cayenne pepper, Habanero Cayenne pepper. helps boost the body's natural abilities to overpower bad bacteria, viruses and harmful organisms including Candida. While it helps chase away the unwanted organisms, it protects the good intestinal flora. Herbal Super Tonic has been used as a potent anti-viral and anti-fungal formula, and will increase blood and lymph circulation to every part of the body. **Vegicaps:** 2 capsules with meals 3 times daily. **Vinegar extract:** 2 droppersful 3 times daily.



**Herbal Throat Soothe:** Wild Cherry bark, Licorice root, Slippery Elm bark, Elder berry, Marshmallow root, Echinacea root, Mullein leaf, Fennel seed, Horehound herb, Rhubarb root, Usnea lichen, Lobelia herb & seed, Clove bud, Ginger root, Eucalyptus essential oil, Lemon essential oil, Tea Tree essential oil. In a base of Honey and Pure Vegetable Glycerine. Herbal Throat Soothe contains a powerful combination of herbs specially formulated to provide soothing immune support for your cough. Herbal Throat Soothe is an effective cough suppressant and expectorant. Herbal Throat Soothe will help settle a cough while facilitating a faster recovery. Dosage 1 teaspoon 3 times per day or as directed or as desired to relieve cough and dry throat due to cold, flu or allergy.



**Herbal Throat Spray:** Wild Cherry bark, Licorice root, Slippery Elm bark, Elder berry, Marshmallow root, Echinacea root, Mullein leaf, fennel seed, Horehound herb, Rhubarb root, Usnea lichen, Lobelia herb & seed, Clove bud, Ginger root, Eucalyptus essential oil, Lemon essential oil, Tea Tree essential oil. In a base of Honey and Pure Vegetable Glycerine. **Spray:** 2 sprays directly in the mouth as desired for symptomatic relief of dry, scratchy throat and cough due to allergy, cold, flu, or sore throat. Suggested Guidelines: If cough persists for more than 3 days, consult a healthcare professional.



**Herbal Tooth Powder:** White Oak bark, Plantain herb, Peppermint leaf, Aloe vera resin, Horsetail herb, Myrrh gum, Clove bud, Lobelia herb & seed, Goldenseal root. Use for inflammation of the gums or any other tooth and gum disorder or simply for normal tooth brushing. Can also assist in tightening loose teeth. Apply generously to moistened tooth brush and brush teeth and gums as usual.

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**Immu-Defense (Anti-Plague):** Garlic bulb, Gravel root, Marshmallow root, White Oak bark, Hydrangea root, Elecampane root, Wormwood leaf, Uva Ursi leaf, Wild Cherry bark, Black Walnut hull, Lobelia herb & seed, Scullcap herb, Mullein leaf, Apple Cider Vinegar, Pure Honey, Vegetable Glycerine. Western Botanicals version of the classic immune building formula developed by Dr. John Christopher. Used for colds, flu, any infectious illness or "plague". Not for the timid, only for those wanting "Strong Medicine". Available in **Vegicaps & Syrup:** 1 teaspoon 2 times daily to boost immune system. 1 tablespoon every waking hour during illness.

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**Immune Boost Formula:** Echinacea angustifolia root, Echinacea purpurea root, Eleuthero root, Garlic bulb, Cat's Claw inner bark, Pau d' Arco inner bark, Habanero Cayenne pepper. This formula works by boosting the number of immune cells and natural chemicals to help fight illness. A very powerful and potent herbal combination to be used at the first signs of any illness. **Vegicaps:** 2 capsules with meals 3 times daily. **Alcohol extract:** 2 droppersful with meals 3 times daily. **Syrup:** also contains Cinnamon bark and Pure Maple Syrup. 2 droppersful 2 times daily.

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**Immune Tea:** Echinacea angustifolia root, Chaparral herb & flower, Pau d' Arco inner bark, Red Clover Blossom, Lobelia herb & seed. Made into an herbal infusion, this tea boosts, tones and strengthens the immune system during illness to fight disease or as a preventative to avoid disease. Drink 3 to 6 cups of tea daily. **Formerly named Immune Virus Tea.**

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**ImmuSoothe:** Astragalus root, Marshmallow root, Nettle leaf, Immature Bitter Orange and Brigham tea. For the symptomatic relief of seasonal allergies, runny nose, itchy eyes, hives, sneezing, etc. Earth's Nutrition is recommended for concurrent use. **Vegicaps :** 2 capsules every 4 hours or as needed. **Syrup:** 2 droppersful 3 times daily or as needed. **Formerly named Allergy Formula.**

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root, White Willow  
Cider Vinegar and  
water 2 times daily.  
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inflammation and  
which is well



**Joint Relief Formula:** Celery seed, Black Cohosh root, Licorice root, Devil's Claw bark, Cat's Claw inner bark, Alfalfa leaf, Meadowsweet herb. In a base of Apple Pure Honey. d repair damaged tissues. Recommended dosage: 1 tablespoon in juice or Drink 64 ounces of pure water is recommended with use. **Joint Relief** is a marriage wisdom and modern Herbalism. These herbs work to reduce pain, relieve repair damaged tissues. This liquid joint formula is in a base of Apple Cider Vinegar known for dissolving calcifications.

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**Kidney/Bladder Formula:** Juniper berry, Gravel root, Orange peel, Hydrangea root, Marshmallow root, Parsley root, Peppermint leaf, Uva Ursi leaf, Horsetail herb, Corn silk, Parsley leaf, Dandelion leaf, Goldenrod flower, Burdock root, Pipsissewa leaf. Disinfects the urinary tract, reduces edema (swelling). Use for urinary tract infections, or other Kidney/Urinary disorders. Suggested Guidelines:

Not recommended if pregnant, nursing or for prolonged use. If kidney or urinary dysfunction continues, consultation with a healthcare professional is advised. **Vegicaps:** 2 capsules 3 times daily with meals. Consume 48 oz. - 64 oz. of pure water with each days use. **Syrup:** 2 droppersful 3 times daily. **Alcohol extract:** 2 droppersful 3 times daily.



**Kidney/Bladder Tea:** Juniper berry, Gravel root, Orange peel, Hydrangea root, Marshmallow root, Parsley root, Peppermint leaf, Uva Ursi leaf, Horsetail herb, Corn silk, Parsley leaf, Dandelion leaf, Goldenrod flower. Disinfects the urinary tract, reduces edema (swelling). Use for urinary tract infections, or other Kidney/Urinary disorders. This product is most effective when used in conjunction with Western Botanicals [Kidney/Bladder formula](#).



**Lactation Tea:** Red Raspberry leaf, Nettle leaf, Fennel seed, Chamomile flower, Oat top, Fenugreek seed, Blessed Thistle herb, Alfalfa leaf. The proprietary blend of herbs in Western Botanicals Lactation Tea promotes an abundant supply of milk for nursing mothers.

flower,  
refreshing



**Lemon Ice Tea:** Lemon peel, Lemon Grass herb, Lemon Balm leaf, Rose hip, Hibiscus Orange peel, Peppermint leaf, Spearmint leaf. Lemon Ice Tea is a great tasting, drink that is good for you. Delicious hot or cold.



**Liver Detox Tea:** Dandelion root (roasted), Cardamom seed, Black Peppercorn, Cinnamon bark, Burdock root, Fennel seed, Clove bud, Juniper berry, Licorice root, Orange peel, Pau d' Arco inner bark, Sassafras root, Ginger root, Uva Ursi leaf, Horsetail herb, Dandelion leaf, Parsley leaf. Acts to detoxify the liver, stimulate the digestive system and cleanse the blood, skin, liver and gallbladder. As liver function improves energy will increase. An excellent replacement for coffee. This product is most effective when used in conjunction with Western Botanicals Liver/Gallbladder Formula. Drink 3 to 4 cups of tea daily.



Liver/Gallbladder flush Program.

**Liver/Gallbladder Formula:** Milk Thistle seed, Barberry root, Turkey Rhubarb root, Burdock root, Dandelion root, Juniper berry, Pau d' Arco, Garlic bulb, Ginger root, Parsley root, Uva Ursi leaf, Oregon Grape root, Black Walnut hull, Fennel seed, Fringe Tree bark, Gentian root, Wormwood leaf. These herbs are best known for their ability to stimulate, cleanse and protect the liver and gallbladder as well as rid the body of parasites. Use for any liver disorders. **Vegicaps:** 2 capsules 3 times daily with meals. **Syrup:** 2 droppersful 3 times daily. **Alcohol extract:** 2 droppersful 3 times daily. This product is most effective when used in conjunction with Western Botanicals [Liver Detox Tea](#) and the



**Lungs Plus Formula:** Lobelia herb & seed, Coffee bean, Peppermint leaf, Mormon tea, Immature Bitter Orange, Peppermint essential oil. Relieves Lung congestion, soothes coughs and eases breathing. This formula has been shown to dilate the bronchial passages and loosen mucus and phlegm so it can be expelled from the lungs. Suggested Guidelines: Not recommended if pregnant, nursing or if high blood pressure is a concern. Not intended for long term, sustained use. **Alcohol extract:** 1 dropperful 3 times daily.



**Melissa Ointment:** Melissa leaf, White Oak bark, Plantain herb, Aloe vera resin, Black Walnut hull, Marshmallow root, Gravel root, White Willow bark, Lobelia herb & seed, Wormwood herb, Horsetail herb, St. John's Wort flowering top, Scullcap herb, Mullein herb & flower in a base of Olive Oil, Aloe vera oil and Beeswax. To be used as a topical lip balm, apply generously to lips and cold sore areas.

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**Mother's Tea:** Red of herbs help to leaf is the primary pregnant women.



Raspberry leaf, Dandelion leaf, Nettle leaf, Peppermint leaf. The proprietary blend nourish the mother to be and also helps mothers who are nursing. Red Raspberry ingredient in Mothers Tea. It has been said that Red Raspberry leaf is God's gift to

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**Nature's 'C' Complex:** Acerola Cherry, Rosehip, Aloe vera, Lemon peel, Orange peel, Horeradish root. Give your body natural vitamin C from a whole food-based source for better absorption. 2 capsules with meals 2 times daily.

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**Nerve Calm Formula:** Black Cohosh root, Valerian root, Blue Cohosh root, Wild Yam root, Hops flower, Passion Flower herb, Scullcap herb, Lobelia herb & seed, Chamomile flower, Wood Betony herb. This formula is both sedative and anti-spasmodic designed to relax, sedate and relieve tension and muscle spasm. For insomnia and anxiety. Suggested Guidelines: Not recommended if pregnant, nursing, or if currently taking prescription or over the counter medications. Consult with a qualified healthcare professional if condition persists or increases. **Vegicaps:** 2 capsules 3 times daily with meals. **Syrup or Alcohol extract:** 2 droppersful 3 times daily.

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**Repair Formula.**

**Nerve Reinforcement Formula:** St. John's wort flowering top, Celery seed, Oat top, Scullcap herb, Ginkgo leaf, Lavender flower, Coffee bean. This formula helps to wake up the nervous system. It stimulates the nerves to work better and also stimulates the healing and repair of damaged nerve tissues. Recommended for anxiety, panic attacks, sciatica, nervous tension and degenerative nervous system conditions. Suggested Guidelines: Not recommended if pregnant or nursing. May increase wound healing time. Excess may cause headaches or upset stomach. **Vegicaps :** 2 capsules 3 times daily with meals. **Syrup or Alcohol extract:** 2 droppersful 3 times daily. **Formerly named Nerve**

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**Pain Relief Formula:** Valerian root, White Willow bark, Jamaican Dogwood root, California Poppy herb & flower, Wild Yam root, Lobelia herb & seed, Black Cohosh root, Devil's Claw root, Meadowsweet herb, Chamomile flower, Clove bud, Habanero Cayenne pepper. Nonnarcotic pain relief, particularly suited for chronic pain. Relaxes and calms nervous irritation associated with pain. Suggested Guidelines: Not recommended if pregnant, nursing, or for long term use. Not for use with other prescriptions or over the counter medications. If pain continues or becomes more severe, consultation with a qualified healthcare professional is recommended. **Vegicaps:** 2 capsules 3 times daily with meals. **Syrup and Alcohol extract:** 2 droppersful with meals 2 times daily.

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**Pancreas Support Formula:** Cedar berry, Burdock root, Devil's Club root, Eleuthero root, Red American Ginseng root, Bilberry leaf, Mullein leaf, Gymnema leaf. The herbs in this formula are designed to aid in blood sugar metabolism particularly in Adult Onset Diabetes. Clinical studies have shown Devils Club and Cedar berries to be highly effective in the management of Diabetes. We recommend that this be used in conjunction with the Gymnema capsules. Monitoring of blood sugar is advised if inconsistent blood sugar is a concern. If symptoms of irregular blood sugar persist consult with your healthcare professional immediately. **Vegicaps:** 2 capsules 3 times daily with meals. **Alcohol extract:** 2 droppersful 3 times daily.



**ParaLeave Formula:** Black Walnut hull, Lavender flower, Pumpkin seed, Wormseed, Cramp bark, Grapefruit peel, Black Currant fruit, Black Currant leaf, Olive leaf, Quassia wood, Sweet Annie tops, Wormwood leaf. This formula is designed to both kill and expel parasites for the intestinal tract. Paraleave is effective for macro parasites such as roundworm, tapeworm and threadworm, as well as micro-parasites such as flukes. Safety Guidelines: Not intended if pregnant or nursing. **Vegicaps:** 3 capsules 2 times daily with water or as directed by a healthcare professional. **Syrup or Alcohol Extract:** 2 droppersful 2 times daily or as directed by a healthcare professional. **Formerly named Anti-Parasite Formula.**



**Prostate Plus Formula:** Saw Palmetto berry, White American Ginseng root, Eleuthero root, Ginkgo leaf, Oat top, Pygeum bark, Sarsaparilla root bark, Asian Ginseng root, Chinese Ginseng root, Mullein leaf & flower, Pumpkin seed, Scullcap herb, Buchu leaf, Habanero Cayenne pepper. Assists in reducing prostate swelling and inflammation with associated symptoms of decreased urine flow and impotence. Suggested Guidelines: If prostate concerns persist consultation with a healthcare professional is strongly advised. Do not use if consuming alcohol or other stimulants. May increase wound healing time. **Vegicaps:** 2 capsules 3 times daily with meals. **Syrup or Alcohol extract:** 2 droppersful 3 times daily.



**Red Clover Combination:** Red Clover blossom, Chaparral top, Licorice root, Poke root, Peach leaf, Oregon Grape root, Stillingia herb, cascara sagrada bark, Sarsaparilla root bark, Prickly Ash bark, Burdock root, Buckthorn bark, in a base of Organic Honey and Pure Vegetable Glycerine. Blood and Lymphatic cleanser, these herbs were used by the renowned herbalist Harry Hoxsey.



**Rest Easy Tea:** Chamomile flower, Scullcap herb, Catnip herb, Peppermint leaf, Stevia leaf, Spearmint leaf, Passion Flower herb, Lemon Balm leaf, Lemon Grass herb, Lavender flower.



**Seasonal Sinus Formula:** Horseradish root, Mormon tea, Immature Bitter Orange, Goldenseal root, Lobelia herb & seed, Nettle leaf, Peppermint leaf, Echinacea angustifolia root, Echinacea purpurea root, Eyebright herb, Yarrow flower, Kola nut, Habanero Cayenne pepper, Peppermint essential oil. The effects of the powerful formula can be felt immediately. Used to relieve sinus congestion and draining associated with allergies. Also an effect immune booster to fight bacterial and viral infections. **Vegicaps:** 2 capsules with meals 3 times daily. **Syrup or Alcohol extract:** 2 droppersful 3 times daily or as needed.





**Sensual Enhancement Formula:** Saw Palmetto berry, White American Ginseng root, Eleuthero root, Maca root, Muira Puama root, Ashwagandah root, Ginkgo leaf, Oat top, Pygeum bark, Sarsaparilla root, Damiana leaf, Asian Ginseng root, Chinese Ginseng root, Mullein leaf & flower, Pumpkin seed, Scullcap herb, Buchu leaf, Habanero Cayenne pepper. **Vegicaps:** 2 capsules 3 times daily with meals. **Syrup** or **Alcohol extract:** 2 droppersful with meals 3 times daily. May be used in water or juice if desired.



**Stone Dissolve Tea:** Rose hip, Hydrangea root, Gravel root, Marshmallow root. Drink 1 to 2 quarts daily with tea made with apple cider. This formula is famous for its action as a dissolvent for calculi (stones). Used as directed it will dissolve stones in the kidneys and entire urinary tract. It will also assist in the removal of gall bladder stones. It is soothing to inflamed tissue and assists smooth and painless release of the stones. The success of this herbal routine has been documented with pre and post x-rays and has helped many avoid surgery.



**Super Adrenal Support extract:** Maca root, Licorice root, Eleuthero root, Ashwagandha root. The herbs in this formula work together to help promote healthy adrenal function. Anyone who experiences stress or adrenal fatigue may benefit from taking this formula. Licorice root has been shown to boost energy levels as well as to increase endurance by supporting the regulation of the production of hormones in the adrenal glands. Eleuthero root has been included as well. Eleuthero root is an excellent herb to mitigate the result of stress on the body. In particular it is helpful to reduce the effect of an excess of adrenal hormones in the body. Studies have shown that Ashwagandha root is known to assist with normal cortisol levels in the body.



**Sweet Dreams Formula:** Scullcap herb, Chamomile flower, Black Cohosh root, Wood Betony herb, Hops flower, Linden flower, Valerian root, Vanilla bean, Lobelia herb & seed, Lemon essential oil, Tangerine essential oil. **Vegicaps:** 3 capsules 30 minutes before bed with warm water. **Syrup** contains: Glycerin & Pure Honey, 3 droppersful 30 minutes before bed with warm water. A natural, non narcotic, non-alcohol based herbal product which helps to relax the body, mind and spirit allowing you to gently drift into sleep. Used effectively by children and adults. Not habit forming and completely non toxic to the system.



**Thyroid Formula:** Irish Moss, Black Cohosh root, Purple Dulse leaf, Bayberry bark, Fucus tip (Bladderwrack), Nettle leaf, Mullein leaf & flower. May be used in water or juice if desired. This nourishing formula provides the thyroid gland with herbs that are known to benefit the thyroid gland balancing both hypothyroid and hyperthyroid conditions. Suggested Guidelines: Not intended for use with hyperthyroidism or for long term therapeutic use. If thyroid conditions are a concern consultation with a qualified healthcare professional is advised. Not intended for therapeutic use if pregnant. **Vegicaps:** 2 capsules with meals 3 times daily. **Syrup** or **Alcohol extract:** 2 droppersful with meals 3 times daily.



**Tummy Tea:** Peppermint leaf, Ginger root, Fennel seed, Cinnamon bark, Chamomile flower, Orange peel, Licorice root, Hibiscus flower. Time tested, soothing digestive herbs to aid in digestion and ease stomach discomfort. Peppermint assists digestion, eases nausea, relieves gas and is calming to the whole digestive system. Cinnamon stimulates digestion and eases nausea. Fennel is well known to improve digestion and

is especially helpful with gas problems. Ginger is alkalizing and stimulates digestion. Chamomile has a wonderful calming effect on the whole digestive system.

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**Turkey Rhubarb Formula:** Cascara Sagrada bark, Senna leaf, Turkey Rhubarb root, Psyllium seed, Barberry root bark, Cape Aloe leaf, Slippery Elm inner bark, Habanero Cayenne pepper. **Vegicaps:** Begin with 1 capsule during or following the evening meal. The following morning there should be and increase in bowel function. If no noticeable change occurs, increase dosage by one capsule each day until improved bowel function is achieved. Suggested Guidelines: Discontinue use if you experience diarrhea, bowel

cramps or nausea.

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**Turmeric Combo:** Turmeric, Ginger and Devil's Claw in vegicaps. Joint pain or arthritis can begin as a result of injury, repetitive actions that cause stress on a particular joint, an autoimmune disease, or just as a result of age and the general wear and tear associated to it. Over time, the cartilage in your joints can begin to wear away. Cartilage is what makes the movement in your joints smooth; without it the bones will actually rub together causing pain, stiffness and inflammation (swelling). Inflammation is meant to be a healthy response wherein the white blood cells and chemicals in our body attempt to fight off infection or viruses. Chronic pain and inflammation that is not associated with an infection or virus is not good.

Fortunately, there are some wonderful herbs that have long been used to combat pain and inflammation. Our Turmeric Combo not only is effective in dramatically reducing pain and inflammation but the herbs used are some of the safest available and can be used on a long-term basis without worry of interfering or reacting to other nutrients or drugs. The herbs in Turmeric Combo are not only great stand alone herbs for pain and inflammation, but when combined together they synergistically are even more effective. **Formerly named** Anti-Inflammation Formula.

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**Ultra Raspberry Ketone:** Pure Raspberry Keytone and African Mango fruit with a compliment of natural herbs for maximum weight management and sustained energy. 1 capsule with water three times daily. It is important to drink at least 24 extra ounces of water per day while using this product. Do not exceed serving recommendations.

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**Vascular** berry, Ginkgo leaf, **Extract and** vascular

and veins. Stress and bad diet choices are some of the biggest factors in poor vascular health. **Suggested Guidelines:** 1 to 2 droppersful 3 to 4 times per day. May be used in juice if desired.

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**Support:** Motherwort herb, Passion flower herb, Valerian root, Dandelion root, Hawthorn Hawthorn leaf & flower, Barberry root bark, Ginger root, Nettle leaf, White Oak bark, Lavender flower, Habanero Cayenne pepper, Ylang Ylang essential oil. **Vascular Support Syrup** is a powerful vascular dilator and circulation stimulant, and is especially useful for dysfunction, neuropathy, and edema. Vascular health is the state of the health of your arteries

**Very Berry** Tea contains: Strawberry leaf,



**Tea:** A great tasting, refreshing immune support tea that is good for you. Very Berry Red Raspberry leaf, Elder berry, Cranberry fruit, Blackberry leaf, Elder leaf & flower, Hibiscus flower, Stevia herb.

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**Weightloss Formula:** Burdock root, Gymnema leaf, Chickweed herb, Echinacea angustifolia root, Black Walnut hull, Licorice root, Fennel seed, Safflower petals, Parsley leaf, Fucus tip (Bladderwrack), Hawthorn leaf & flower, Papaya leaf, Shiitaki Mushroom, White American Ginseng root. **Vegicaps:** 3 capsules 3 times daily 30 minutes before meals with 12 oz. of pure water. Drink an additional 64 oz. of pure water daily. **Syrup or Alcohol extract:** 3 droppersful 3 times daily 30 minutes before meals with 12 oz. of pure water. Drink an additional 64 oz. of pure water daily. Extracted and preserved in USP Grade Grain Alcohol. Nature's weight balancing system. This is not a crash program for fast weight loss. But an herbal combination that builds and strengthens the glands and organs of the body allowing for optimal function and optimal weight. Many lose not only weight but stretch marks and inches. Use with Earth's Nutrition and drink 8-12 glasses of water daily. No stimulants. Suggested Guidelines:



Not intended for use if pregnant, nursing, or if irregular blood pressure is a concern. Before beginning any weight control program, consultation with a healthcare professional is advised.

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## Western Botanicals Quality Statement

*We are a company of health minded individuals. Proper health is not a mystery that only your doctor understands. Getting over an illness does not have to be complicated. Nature has provided what is needed to get and stay healthy, but not everyone is trained to read natures instructions.*

*Natural herbs are whole foods that build health rather than a chemicals designed to simply suppress symptoms. Herbs have been discovered to be a natural way to restore and build a healthy body. Obtaining results with herbs is exciting, but making your own herbal remedies is empowering. For this reason we have built our business with the home herbalist in mind.*

*Many herbal products sold to consumers are designed for profitability of the manufacturer. The ingredients in these products are often inferior in quality. We purchase the highest quality organic and wildcrafted herbs available to insure pesticide and herbicide free products. We all want products that we can trust that are effective without paying excessive prices. By purchasing herbs in large quantities we can pass savings on to you.*

*We honor the inborn potential of everyone to be truly healthy. We desire to help the newborn, the aged and those without hope. We choose to help (with herbs), the person with the disease, not the disease. With herbs we can assist rather than intrude: to free rather than control. Herbs seek to correct the cause, not its effect. We know doctors do not heal, only the body can heal itself. We want to make a difference and with herbal medicine, everyday we get to witness miracles.*

*In Vigorous Health,*

*Randy Giboney, President, Herbalist*